Chapter 8: **Activities and Handouts**

We hope you have reached this section with enthusiasm and anticipation. As educators, we seek creative approaches to our work—fresh ideas for a common challenge, novel approaches for innovative theories, and original adaptations to familiar activities. In the following 400 pages of more than 100 activities, we trust you will find something new for your work with students.

These activities follow the general sequence of the activities in the Students' Guide. Additional bonus activities that we created specifically for this Instructional Guide are also included and are placed with the activities most closely related to those from the Students' Guide. For a description of the format of the activities, see p. 142.

Name of Activity	Page # in Instructional Guide	Relevant Pages in Students' Guide
Personal Goals for Study Abroad	143	2-3
Survey of Student Goals	145	_
Stress Factors	147	4-7
Learning Style Survey	151	9-19
Language Strategy Use Inventory	163	21-28
Culture Learning Strategies Inventory	173	29-35
The Dimensions of Culture Learning	183	40-41
Discovering Your Cultural Diversity	187	44-46
Identify Aspects of Culture: The Iceberg Model	193	46-51
Becoming Familiar with Culture: Joshua and the Iceberg	201	47-50
Differentiating Cultural from Personal and Universal	207	52-54
Basic Things You Should Know Before You Go	213	54-56
Changing Stereotypes into Generalizations and Hypotheses	217	57-61
Core Cultural Values and Culture Mapping	221	63-68
Core U.S. American Cultural Values: What the Experts Say	227	68-70
International Perspectives on U.S. Americans	231	71-73
Experiencing Value Differences	235	73-74
Interpreting Culture through Popular Sayings	239	_
Exploring U.S. Culture	243	_
Cultural Objects	247	_
Hypothesis Refinement	249	_
Culture Clash: An Experiential Activity	253	_
Using the Learning Cycle in Problem Solving	255	_
Making Friends	261	78-80
Dating Scenarios	263	80-82
Being a Visitor	269	84-85
Making the Most of Homestays and Host Families	273	85-89
Culture Shock and Culture Adjustment: Interviewing as a Tool	279	91-95

Statements of Adjustment 285 95-96 Personal Highs and Lows of Study Abroad 289 97-99 My Personal Coping Strategies 293 98-99 Coping Scenarios and Going Beyond Surface Adjustment 295 99-103 The Phases of Cultural Awareness 299 103-106 A Model of Intercultural Sensitivity 303 107-111 The Description-Interpretation-Evaluation Model of Debriefing 311 115-116 Conducting an Ethnographic Interview 317 — Critical Incidents: Exploring Cultural Practices and Perspectives 321 — Constructive Controversy 325 — Revisiting the Iceberg 327 117 Strategies for Keeping a Journal 331 119-123 Identifying Low- and High-Context Communication 333 126-127 Communication Styles 337 130-132 Nonverbal Communication: Gestures and Their Meanings 343 133-136 Nonverbal Communication: Fee Contact Survey 347 137 Nonverbal Communication: Fee Contact Survey 347 138-139	Name of Activity	Page # in Instructional Guide	Relevant Pages in Students' Guide
My Personal Coping Strategies 293 98-99 Coping Scenarios and Going Beyond Surface Adjustment 295 99-103 The Phases of Cultural Awareness 299 103-106 A Model of Intercultural Sensitivity 303 107-111 The Description-Interpretation-Evaluation Model of Debriefing 311 115-116 Conducting an Ethnographic Interview 317 — Critical Incidents: Exploring Cultural Practices and Perspectives 321 — Constructive Controversy 325 — Revisiting the Iceberg 327 117 Strategies for Keeping a Journal 331 119-123 Identifying Low- and High-Context Communication 333 126-127 Communication Styles 337 130-132 Nonverbal Communication: Eye Contact Survey 347 137 Nonverbal Communication: Eye Contact Survey 347 137 Nonverbal Communication: Target Culture Greetings 357 140 Making Sense Out of Nonverbal Communication 361 141 Leaving the Country 365 143-144	Statements of Adjustment	285	95-96
Coping Scenarios and Going Beyond Surface Adjustment 295 99-103 The Phases of Cultural Awareness 299 103-106 A Model of Intercultural Sensitivity 303 107-111 The Phases of Cultural Sensitivity 311 115-116 Conducting an Ethnographic Interview 317 — Critical Incidents: Exploring Cultural Practices and Perspectives 321 — Constructive Controversy 325 — Revisiting the Iceberg 327 117 Strategies for Keeping a Journal 331 119-123 Identifying Low- and High-Context Communication 333 126-127 Communication Styles 337 130-132 Nonverbal Communication: Gestures and Their Meanings 343 133-136 Nonverbal Communication: Fersonal Distance and Touching 351 138-139 Nonverbal Communication: Fersonal Distance and Touching 351 138-139 Nonverbal Communication: Target Culture Greetings 357 140 Making Sense Out of Nonverbal Communication 361 141 Leaving the Country 367 143-146	Personal Highs and Lows of Study Abroad	289	97-99
The Phases of Cultural Awareness	My Personal Coping Strategies	293	98-99
A Model of Intercultural Sensitivity 303 107-111 The Description-Interpretation-Evaluation Model of Debriefing 311 115-116 Conducting an Ethnographic Interview 317 — Critical Incidents: Exploring Cultural Practices and Perspectives 321 — Constructive Controversy 325 — Revisiting the Iceberg 327 117 Strategies for Keeping a Journal 331 119-123 Identifying Low- and High-Context Communication 333 126-127 Communication Styles 337 130-132 Nonverbal Communication: Gestures and Their Meanings 343 133-136 Nonverbal Communication: Fersonal Distance and Touching 351 138-139 Nonverbal Communication: Personal Distance and Touching 351 138-139 Nonverbal Communication: Target Culture Greetings 357 140 Making Sense Out of Nonverbal Communication 361 141 Leaving the Country 365 143-144 A Thoughtful Return 367 145-146 Dealing with the Emotional Challenges of Study Abroad 371 148-149 Strategies for Re-entry 375	Coping Scenarios and Going Beyond Surface Adjustment	295	99-103
The Description–Interpretation–Evaluation Model of Debriefing 311 115-116 Conducting an Ethnographic Interview 317 — Critical Incidents: Exploring Cultural Practices and Perspectives 321 — Constructive Controversy 325 — Revisiting the Iceberg 327 117 Strategies for Keeping a Journal 331 119-123 Identifying Low- and High-Context Communication 333 126-127 Communication Styles 337 130-132 Nonverbal Communication: Gestures and Their Meanings 343 133-136 Nonverbal Communication: Eye Contact Survey 347 137 Nonverbal Communication: Personal Distance and Touching 351 138-139 Nonverbal Communication: Target Culture Greetings 357 140 Making Sense Out of Nonverbal Communication 361 141 Leaving the Country 365 143-144 A Thoughtful Return 367 145-146 Dealing with the Emotional Challenges of Study Abroad 371 148-149 Strategies for Re-entry 375 150	The Phases of Cultural Awareness	299	103-106
Conducting an Ethnographic Interview 317 — Critical Incidents: Exploring Cultural Practices and Perspectives 321 — Constructive Controversy 325 — Revisiting the Iceberg 327 117 Strategies for Keeping a Journal 331 119-123 Identifying Low- and High-Context Communication 333 126-127 Communication Styles 337 130-132 Nonverbal Communication: Gestures and Their Meanings 343 133-136 Nonverbal Communication: Eye Contact Survey 347 137 Nonverbal Communication: By Contact Survey 347 137 Nonverbal Communication: By Contact Survey 347 137 Nonverbal Communication 361 141 Leaving the Country 365 143-144 A Thoughtful Return 367 145-146 Pealing with the Emotional Challenges of Study	A Model of Intercultural Sensitivity	303	107-111
Critical Incidents: Exploring Cultural Practices and Perspectives 321 — Constructive Controversy 325 — Revisiting the Iceberg 327 117 Strategies for Keeping a Journal 331 119-123 Identifying Low- and High-Context Communication 333 126-127 Communication Styles 337 130-132 Nonverbal Communication: Gestures and Their Meanings 343 133-136 Nonverbal Communication: Eye Contact Survey 347 137 Nonverbal Communication: Personal Distance and Touching 351 138-139 Nonverbal Communication: Target Culture Greetings 357 140 Making Sense Out of Nonverbal Communication 361 141 Leaving the Country 365 143-144 A Thoughtful Return 367 145-146 Dealing with the Emotional Challenges of Study Abroad 371 148-149 Strategies for Re-entry 375 150 Seeing the World and the U.S. in a New Light 379 151-152 Understanding Yourself Differently 383 152-156	The Description–Interpretation–Evaluation Model of Debriefing	311	115-116
Constructive Controversy 325 — Revisiting the Iceberg 327 117 Strategies for Keeping a Journal 331 119-123 Identifying Low- and High-Context Communication 333 126-127 Communication Styles 337 130-132 Nonverbal Communication: Gestures and Their Meanings 343 133-136 Nonverbal Communication: Eye Contact Survey 347 137 Nonverbal Communication: Personal Distance and Touching 351 138-139 Nonverbal Communication: Target Culture Greetings 357 140 Making Sense Out of Nonverbal Communication 361 141 Leaving the Country 365 143-144 A Thoughtful Return 367 145-146 Dealing with the Emotional Challenges of Study Abroad 371 148-149 Strategies for Re-entry 375 150 Seeing the World and the U.S. in a New Light 379 151-152 Understanding Yourself Differently 383 152-156 Possible Outcomes of an International Experience 387 154 Identity Challe	Conducting an Ethnographic Interview	317	_
Revisiting the Iceberg 327 117 Strategies for Keeping a Journal 331 119-123 Identifying Low- and High-Context Communication 333 126-127 Communication Styles 337 130-132 Nonverbal Communication: Gestures and Their Meanings 343 133-136 Nonverbal Communication: Personal Distance and Touching 351 138-139 Nonverbal Communication: Target Culture Greetings 357 140 Making Sense Out of Nonverbal Communication 361 141 Leaving the Country 365 143-144 A Thoughtful Return 367 145-146 Dealing with the Emotional Challenges of Study Abroad 371 148-149 Strategies for Re-entry 375 150 Seeing the World and the U.S. in a New Light 379 151-152 Understanding Yourself Differently 383 152-156 Possible Outcomes of an International Experience 387 154 Identity Challenges 391 155-156 The Good Language Learner 395 — Do You Speak English?	Critical Incidents: Exploring Cultural Practices and Perspectives	321	_
Strategies for Keeping a Journal 331 119-123 Identifying Low- and High-Context Communication 333 126-127 Communication Styles 337 130-132 Nonverbal Communication: Gestures and Their Meanings 343 133-136 Nonverbal Communication: Eye Contact Survey 347 137 Nonverbal Communication: Personal Distance and Touching 351 138-139 Nonverbal Communication: Target Culture Greetings 357 140 Making Sense Out of Nonverbal Communication 361 141 Leaving the Country 365 143-144 A Thoughful Return 367 145-146 Dealing with the Emotional Challenges of Study Abroad 371 148-149 Strategies for Re-entry 375 150 Seeing the World and the U.S. in a New Light 379 151-152 Understanding Yourself Differently 383 152-156 Possible Outcomes of an International Experience 387 154 Identity Challenges 391 155-156 The Good Language Learner 395 — Do You Speak E	Constructive Controversy	325	_
Identifying Low- and High-Context Communication 333 126-127 Communication Styles 337 130-132 Nonverbal Communication: Gestures and Their Meanings 343 133-136 Nonverbal Communication: Eye Contact Survey 347 137 Nonverbal Communication: Personal Distance and Touching 351 138-139 Nonverbal Communication: Target Culture Greetings 357 140 Making Sense Out of Nonverbal Communication 361 141 Leaving the Country 365 143-144 A Thoughtful Return 367 145-146 Dealing with the Emotional Challenges of Study Abroad 371 148-149 Strategies for Re-entry 375 150 Seeing the World and the U.S. in a New Light 379 151-152 Understanding Yourself Differently 383 152-156 Possible Outcomes of an International Experience 387 154 Identity Challenges 391 155-156 The Good Language Learner 395 — Do You Speak English? 399 167-168 Taking My Motivational T	Revisiting the Iceberg	327	117
Communication Styles 337 130-132 Nonverbal Communication: Gestures and Their Meanings 343 133-136 Nonverbal Communication: Eye Contact Survey 347 137 Nonverbal Communication: Personal Distance and Touching 351 138-139 Nonverbal Communication: Target Culture Greetings 357 140 Making Sense Out of Nonverbal Communication 361 141 Leaving the Country 365 143-144 A Thoughtful Return 367 145-146 Dealing with the Emotional Challenges of Study Abroad 371 148-149 Strategies for Re-entry 375 150 Seeing the World and the U.S. in a New Light 379 151-152 Understanding Yourself Differently 383 152-156 Possible Outcomes of an International Experience 387 154 Identity Challenges 391 155-156 The Good Language Learner 395 — Do You Speak English? 399 167-168 Taking My Motivational Temperature on a Language Task 403 169-172 Increasing Your La	Strategies for Keeping a Journal	331	119-123
Nonverbal Communication: Gestures and Their Meanings 343 133-136 Nonverbal Communication: Eye Contact Survey 347 137 Nonverbal Communication: Personal Distance and Touching 351 138-139 Nonverbal Communication: Target Culture Greetings 357 140 Making Sense Out of Nonverbal Communication 361 141 Leaving the Country 365 143-144 A Thoughtful Return 367 145-146 Dealing with the Emotional Challenges of Study Abroad 371 148-149 Strategies for Re-entry 375 150 Seeing the World and the U.S. in a New Light 379 151-152 Understanding Yourself Differently 383 152-156 Possible Outcomes of an International Experience 387 154 Identity Challenges 391 155-156 The Good Language Learner 395 Do You Speak English? 399 167-168 Taking My Motivational Temperature on a Language Task 403 169-172 Increasing Your Language Exposure in the Host Country 411 173	Identifying Low- and High-Context Communication	333	126-127
Nonverbal Communication: Eye Contact Survey Nonverbal Communication: Personal Distance and Touching Nonverbal Communication: Target Culture Greetings 351 138-139 Nonverbal Communication: Target Culture Greetings 357 140 Making Sense Out of Nonverbal Communication 361 141 Leaving the Country 365 143-144 A Thoughtful Return 367 145-146 Dealing with the Emotional Challenges of Study Abroad 371 148-149 Strategies for Re-entry 375 150 Seeing the World and the U.S. in a New Light 379 151-152 Understanding Yourself Differently 383 152-156 Possible Outcomes of an International Experience 387 154 Identity Challenges 391 155-156 The Good Language Learner 395 Do You Speak English? 100 You Speak English? 100 You Speak English? 110 Along My Motivational Temperature on a Language Task 403 169-172 Increasing Your Language Learning Motivation 407 172 Pre-Departure Listening Activities 411 173 Strategies to Become a Better Listener 415 174-180 Increasing Your Language Exposure in the Host Country 419 180-181 Avoid Faking Comprehension 423 182 Understanding Different Types of Speech 425 183 Improve Your Active Listening 427 184 Language Shock and Language Fatigue 431 Language Shock and Language Fatigue 435 How to Learn Vocabulary 437 187		337	130-132
Nonverbal Communication: Personal Distance and Touching Nonverbal Communication: Target Culture Greetings 357 140 Making Sense Out of Nonverbal Communication 361 141 Leaving the Country 365 143-144 A Thoughtful Return 367 145-146 Dealing with the Emotional Challenges of Study Abroad 371 148-149 Strategies for Re-entry 375 150 Seeing the World and the U.S. in a New Light 379 151-152 Understanding Yourself Differently 383 152-156 Possible Outcomes of an International Experience 387 154 Identity Challenges 391 155-156 The Good Language Learner 395 — Do You Speak English? Taking My Motivational Temperature on a Language Task 403 169-172 Increasing Your Language Learning Motivation 407 Pre-Departure Listening Activities 411 173 Strategies to Become a Better Listener 415 Increasing Your Language Exposure in the Host Country 419 180-181 Avoid Faking Comprehension 423 Ingrove Your Active Listening 427 184 Language Shock and Language Fatigue 431 185-186 Post-Study Abroad Listening Activities 435 How to Learn Vocabulary 437	Nonverbal Communication: Gestures and Their Meanings	343	133-136
Nonverbal Communication: Target Culture Greetings 357 140 Making Sense Out of Nonverbal Communication 361 141 Leaving the Country 365 143-144 A Thoughtful Return 367 145-146 Dealing with the Emotional Challenges of Study Abroad 371 148-149 Strategies for Re-entry 375 150 Seeing the World and the U.S. in a New Light 379 151-152 Understanding Yourself Differently 383 152-156 Possible Outcomes of an International Experience 387 154 Identity Challenges 391 155-156 The Good Language Learner 395 — Do You Speak English? 399 167-168 Taking My Motivational Temperature on a Language Task 403 169-172 Increasing Your Language Learning Motivation 407 172 Pre-Departure Listening Activities 411 173 Strategies to Become a Better Listener 415 174-180 Increasing Your Language Exposure in the Host Country 419 180-181 Avoid Faking Comprehens	Nonverbal Communication: Eye Contact Survey	347	137
Making Sense Out of Nonverbal Communication 361 141 Leaving the Country 365 143-144 A Thoughtful Return 367 145-146 Dealing with the Emotional Challenges of Study Abroad 371 148-149 Strategies for Re-entry 375 150 Seeing the World and the U.S. in a New Light 379 151-152 Understanding Yourself Differently 383 152-156 Possible Outcomes of an International Experience 387 154 Identity Challenges 391 155-156 The Good Language Learner 395 — Do You Speak English? 399 167-168 Taking My Motivational Temperature on a Language Task 403 169-172 Increasing Your Language Learning Motivation 407 172 Pre-Departure Listening Activities 411 173 Strategies to Become a Better Listener 415 174-180 Increasing Your Language Exposure in the Host Country 419 180-181 Avoid Faking Comprehension 423 182 Understanding Different Types of Speech 425 183 Improve Your Active Listenin	Nonverbal Communication: Personal Distance and Touching	351	138-139
Leaving the Country 365 143-144 A Thoughtful Return 367 145-146 Dealing with the Emotional Challenges of Study Abroad 371 148-149 Strategies for Re-entry 375 150 Seeing the World and the U.S. in a New Light 379 151-152 Understanding Yourself Differently 383 152-156 Possible Outcomes of an International Experience 387 154 Identity Challenges 391 155-156 The Good Language Learner 395 — Do You Speak English? 399 167-168 Taking My Motivational Temperature on a Language Task 403 169-172 Increasing Your Language Learning Motivation 407 172 Pre-Departure Listening Activities 411 173 Strategies to Become a Better Listener 415 174-180 Increasing Your Language Exposure in the Host Country 419 180-181 Avoid Faking Comprehension 423 182 Understanding Different Types of Speech 425 183 Improve Your Active Listening 427 184 Language Shock and Language Fatigue	Nonverbal Communication: Target Culture Greetings	357	140
A Thoughtful Return 367 145-146 Dealing with the Emotional Challenges of Study Abroad 371 148-149 Strategies for Re-entry 375 150 Seeing the World and the U.S. in a New Light 379 151-152 Understanding Yourself Differently 383 152-156 Possible Outcomes of an International Experience 387 154 Identity Challenges 391 155-156 The Good Language Learner 395 — Do You Speak English? 399 167-168 Taking My Motivational Temperature on a Language Task 403 169-172 Increasing Your Language Learning Motivation 407 172 Pre-Departure Listening Activities 411 173 Strategies to Become a Better Listener 415 174-180 Increasing Your Language Exposure in the Host Country 419 180-181 Avoid Faking Comprehension 423 182 Understanding Different Types of Speech 425 183 Improve Your Active Listening 427 184 Language Shock and Language Fatigue 431 185-186 Post-Study Abroad Listenin	Making Sense Out of Nonverbal Communication	361	141
Dealing with the Emotional Challenges of Study Abroad371148-149Strategies for Re-entry375150Seeing the World and the U.S. in a New Light379151-152Understanding Yourself Differently383152-156Possible Outcomes of an International Experience387154Identity Challenges391155-156The Good Language Learner395—Do You Speak English?399167-168Taking My Motivational Temperature on a Language Task403169-172Increasing Your Language Learning Motivation407172Pre-Departure Listening Activities411173Strategies to Become a Better Listener415174-180Increasing Your Language Exposure in the Host Country419180-181Avoid Faking Comprehension423182Understanding Different Types of Speech425183Improve Your Active Listening427184Language Shock and Language Fatigue431185-186Post-Study Abroad Listening Activities435186How to Learn Vocabulary437187	Leaving the Country	365	143-144
Strategies for Re-entry Seeing the World and the U.S. in a New Light John Seeing the World and the U.S. in a New Light Understanding Yourself Differently Possible Outcomes of an International Experience 387 154 Identity Challenges 391 155-156 The Good Language Learner 395 — Do You Speak English? 399 167-168 Taking My Motivational Temperature on a Language Task 403 169-172 Increasing Your Language Learning Motivation 407 172 Pre-Departure Listening Activities 411 173 Strategies to Become a Better Listener 415 Increasing Your Language Exposure in the Host Country 419 Increasing Your Language Exposure in the Host Country 419 Increasing Comprehension 423 Inguise Comprehension 425 Inguise Shock and Language Fatigue 431 Inguage Shock and Language Fatigue 435 Ingo Atorio Learn Vocabulary 437 Inguise Shock and Language Fatigue 437 Inguise Shock and Learn Scriptics 437 Inguise Shock and Learn Vocabulary 437	A Thoughtful Return	367	145-146
Seeing the World and the U.S. in a New Light379151-152Understanding Yourself Differently383152-156Possible Outcomes of an International Experience387154Identity Challenges391155-156The Good Language Learner395—Do You Speak English?399167-168Taking My Motivational Temperature on a Language Task403169-172Increasing Your Language Learning Motivation407172Pre-Departure Listening Activities411173Strategies to Become a Better Listener415174-180Increasing Your Language Exposure in the Host Country419180-181Avoid Faking Comprehension423182Understanding Different Types of Speech425183Improve Your Active Listening427184Language Shock and Language Fatigue431185-186Post-Study Abroad Listening Activities435186How to Learn Vocabulary437187	Dealing with the Emotional Challenges of Study Abroad	371	148-149
Understanding Yourself Differently Possible Outcomes of an International Experience 387 154 Identity Challenges 391 155-156 The Good Language Learner 395 — Do You Speak English? Taking My Motivational Temperature on a Language Task Taking My Motivational Temperature on a Language Task Toreasing Your Language Learning Motivation 407 Pre-Departure Listening Activities 411 173 Strategies to Become a Better Listener 415 Increasing Your Language Exposure in the Host Country 419 Avoid Faking Comprehension 423 Ingurestanding Different Types of Speech 425 Ingurestanding Different Types of Speech 427 Language Shock and Language Fatigue 431 Post-Study Abroad Listening Activities 435 How to Learn Vocabulary 437 187	Strategies for Re-entry	375	150
Possible Outcomes of an International Experience Identity Challenges 391 155-156 The Good Language Learner 395 Do You Speak English? Taking My Motivational Temperature on a Language Task Increasing Your Language Learning Motivation 407 Pre-Departure Listening Activities 411 173 Strategies to Become a Better Listener 415 Increasing Your Language Exposure in the Host Country 419 Increasing Your Language Exposure in the Host Country 419 Increasing Comprehension 423 Ingrove Your Active Listening 427 Inguage Shock and Language Fatigue 431 Post-Study Abroad Listening Activities 437 I87	Seeing the World and the U.S. in a New Light	379	151-152
Identity Challenges391155-156The Good Language Learner395—Do You Speak English?399167-168Taking My Motivational Temperature on a Language Task403169-172Increasing Your Language Learning Motivation407172Pre-Departure Listening Activities411173Strategies to Become a Better Listener415174-180Increasing Your Language Exposure in the Host Country419180-181Avoid Faking Comprehension423182Understanding Different Types of Speech425183Improve Your Active Listening427184Language Shock and Language Fatigue431185-186Post-Study Abroad Listening Activities435186How to Learn Vocabulary437187	Understanding Yourself Differently	383	152-156
The Good Language Learner Do You Speak English? Taking My Motivational Temperature on a Language Task Increasing Your Language Learning Motivation Pre-Departure Listening Activities 411 173 Strategies to Become a Better Listener Increasing Your Language Exposure in the Host Country Avoid Faking Comprehension 423 Understanding Different Types of Speech Improve Your Active Listening 427 Language Shock and Language Fatigue Post-Study Abroad Listening Activities 437 187	Possible Outcomes of an International Experience	387	154
Do You Speak English? Taking My Motivational Temperature on a Language Task Increasing Your Language Learning Motivation 407 Pre-Departure Listening Activities 411 173 Strategies to Become a Better Listener 415 Increasing Your Language Exposure in the Host Country 419 Avoid Faking Comprehension 423 Understanding Different Types of Speech 425 Improve Your Active Listening 427 Language Shock and Language Fatigue Post-Study Abroad Listening Activities 437 How to Learn Vocabulary 437	Identity Challenges	391	155-156
Taking My Motivational Temperature on a Language Task Increasing Your Language Learning Motivation Pre-Departure Listening Activities 411 173 Strategies to Become a Better Listener 415 Increasing Your Language Exposure in the Host Country 419 Is0-181 Avoid Faking Comprehension 423 Understanding Different Types of Speech 425 Improve Your Active Listening 427 Language Shock and Language Fatigue Post-Study Abroad Listening Activities How to Learn Vocabulary 437 188	The Good Language Learner	395	_
Increasing Your Language Learning Motivation 407 172 Pre-Departure Listening Activities 411 173 Strategies to Become a Better Listener 415 174-180 Increasing Your Language Exposure in the Host Country 419 180-181 Avoid Faking Comprehension 423 182 Understanding Different Types of Speech 425 183 Improve Your Active Listening 427 184 Language Shock and Language Fatigue 431 185-186 Post-Study Abroad Listening Activities 435 186 How to Learn Vocabulary 437 187	Do You Speak English?	399	167-168
Pre-Departure Listening Activities 411 173 Strategies to Become a Better Listener 415 174-180 Increasing Your Language Exposure in the Host Country 419 180-181 Avoid Faking Comprehension 423 182 Understanding Different Types of Speech 425 183 Improve Your Active Listening 427 184 Language Shock and Language Fatigue 431 185-186 Post-Study Abroad Listening Activities 435 186 How to Learn Vocabulary 437 187	Taking My Motivational Temperature on a Language Task	403	169-172
Strategies to Become a Better Listener 415 174-180 Increasing Your Language Exposure in the Host Country 419 180-181 Avoid Faking Comprehension 423 182 Understanding Different Types of Speech 425 183 Improve Your Active Listening 427 184 Language Shock and Language Fatigue 431 185-186 Post-Study Abroad Listening Activities 435 186 How to Learn Vocabulary 437 187	Increasing Your Language Learning Motivation	407	172
Increasing Your Language Exposure in the Host Country419180-181Avoid Faking Comprehension423182Understanding Different Types of Speech425183Improve Your Active Listening427184Language Shock and Language Fatigue431185-186Post-Study Abroad Listening Activities435186How to Learn Vocabulary437187	Pre-Departure Listening Activities	411	173
Avoid Faking Comprehension 423 182 Understanding Different Types of Speech 425 183 Improve Your Active Listening 427 184 Language Shock and Language Fatigue 431 185-186 Post-Study Abroad Listening Activities 435 186 How to Learn Vocabulary 437 187	Strategies to Become a Better Listener	415	174-180
Understanding Different Types of Speech 425 183 Improve Your Active Listening 427 184 Language Shock and Language Fatigue 431 185-186 Post-Study Abroad Listening Activities 435 186 How to Learn Vocabulary 437 187	Increasing Your Language Exposure in the Host Country	419	180-181
Improve Your Active Listening427184Language Shock and Language Fatigue431185-186Post-Study Abroad Listening Activities435186How to Learn Vocabulary437187	Avoid Faking Comprehension	423	182
Improve Your Active Listening427184Language Shock and Language Fatigue431185-186Post-Study Abroad Listening Activities435186How to Learn Vocabulary437187		425	183
Language Shock and Language Fatigue431185-186Post-Study Abroad Listening Activities435186How to Learn Vocabulary437187		427	184
Post-Study Abroad Listening Activities 435 186 How to Learn Vocabulary 437 187			
How to Learn Vocabulary 437 187			
		437	187
	*	441	188-193

Name of Activity	Page # in Instructional Guide	Relevant Pages in Students' Guide
How Do You Learn Vocabulary? Part II: Practicing Word Association Strategies	449	193-195
Beyond Association: More Ways of Learning Vocabulary	453	195-199
Learning Vocabulary from Native Speakers	455	200-201
Using Games to Increase Strategies for Grammar or Vocabulary	459	_
Pre-Departure Speaking Activities	461	203
Advice to Help Improve Your Speaking Skills	465	204-211
Creating Opportunities for Speaking	469	211-215
Beyond Knowing the Vocabulary	473	215-221
I'm SO Sorry! Cultural Acceptability of Apologies	479	219-223
Telephone Activity: Synthesizing Strategies for Grammar Practice and Speech Acts	489	_
Strategies-Based Pronunciation Instruction	491	_
Pre-Departure Reading Activities	493	225-226
Getting the Most from Your Reading	495	226-229
Filling in the Gaps	501	229-232
Reading During Your Time Abroad	507	232-235
Synthesizing Listening or Reading Strategies With Grammar Practice	509	_
Pre-Departure Writing Activity: Getting Ready to Introduce Yourself	511	237-238
Improving Your Writing	513	237-239
Using the Reformulation Technique	517	239-243
Writing a Term Paper in the Target Language	523	244-245
Writing Practice and Intercultural Debriefing	525	_
Post-Study Abroad Writing Activities	531	245
Translation Strategies	533	247-251
Translating While Writing	535	250-251
Strategic Use of Translation	537	_
Long-Term Maintenance of Language and Culture Learning	539	160-162